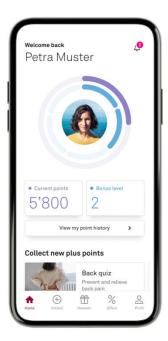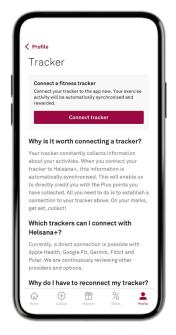# Link your tracker now
## and automatically collect Plus points
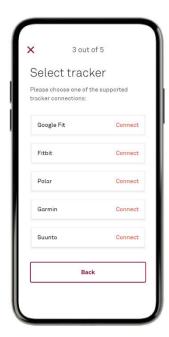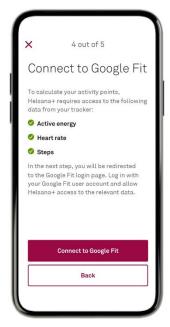
# Connect Helsana+ with Google Fit



Open the Helsana+ app

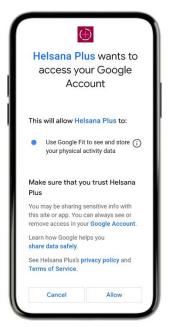Go to your profile and click on Tracker and afterwards on "Connect tracker"
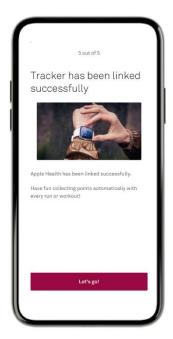
Click "Continue"

Fill in your details and click "Continue"

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# Connect Helsana+ with Google Fit



Select "Google Fit"

Click on "Connect to Google Fit". You will be taken to Google Fit.

Activate the access to the required data and then click on "Allow"*.

Your tracker is now connected to Helsana+.

*Confirmation will be requested during the initial registration. The setting can be changed in the Google Fit settings later.

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**Do you have questions?**
We are here to help.
plus@helsana.ch

Helsana
Engagiert für das Leben.